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No. SRU/ NSS/Events/2022

Date: 12-02-2022

**CIRCULAR**

**Sub:**Conduction of Nutrition Awareness Program at Dhramasagar Govt High School on  
15-02-2022 – Reg.

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This is to inform that the National Service Scheme (NSS) will be organizing a Nutrition Awareness Program.

**Event :** Nutrition Awareness Program  
**Place :** Govt High School Dhramasagar  
**Date :** 15-02-2022  
**Timings:** 12:00 AM to 01:00 PM

All the NSS Unit-1 Volunteers are required to participate in the event. For further details,  
Mr. K. Ravindar, NSS Program Coordinator, may be contacted.

REGISTRAR

REGISTRAR  
SR UNIVERSITY  
(V) Ananthasagar, (M) Hasannarthy  
Dt: Warangal - 506371, T.S.



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### **Nutrition Awareness Program**

#### **Details of the Event:**

**Date of the Event** : 15-02-2022  
**Name of the Event** : Nutrition Awareness Program  
**Venue** : Dhramasagar Govt High School

#### **Objective:**

The Nutrition Awareness Program organized by SR University's National Service Scheme (NSS) Unit-01 aimed to educate the local community on the importance of balanced nutrition for maintaining good health. The program sought to spread awareness about the role of nutrition in preventing diseases and improving overall well-being. The focus was to encourage people to make informed food choices and adopt healthy eating habits as part of their daily lives.

#### **Description:**

The event focused on spreading knowledge about essential nutrients and their role in maintaining a healthy body. NSS volunteers actively participated by giving talks and distributing informational leaflets on healthy eating habits, nutrition labels, and the importance of balanced diets. Interactive sessions were held to discuss common nutritional deficiencies and ways to address them with locally available foods. The program also included practical demonstrations of nutritious meal preparation.

#### **Outcome:**

The program successfully raised awareness about nutrition and healthy eating habits in the community. Participants were able to gain valuable insights into how proper nutrition can positively impact their health and well-being. The event also helped in promoting community engagement in health and wellness initiatives.

#### **Impact on Society:**

The Nutrition Awareness Program had a positive impact on the local community by increasing their understanding of balanced diets and nutritional health. The program fostered a more informed citizenry that is better equipped to make healthier food choices, thereby contributing to long-term health benefits and a stronger community.

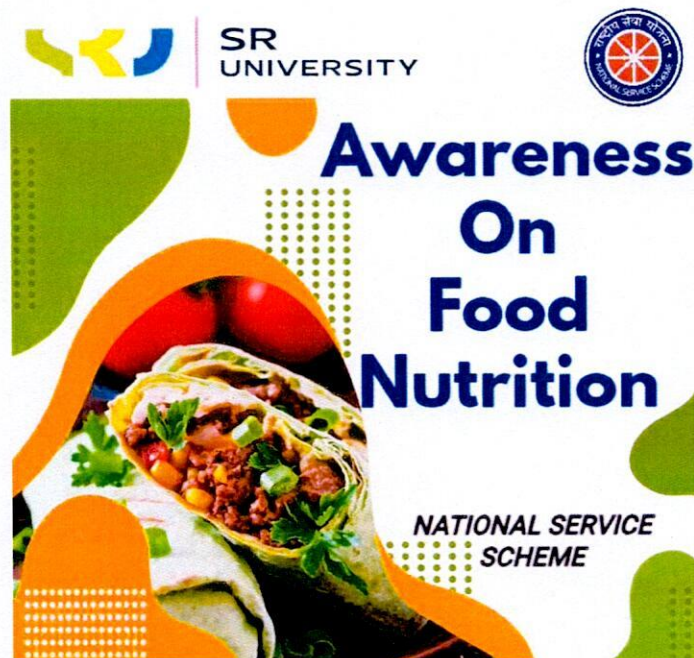




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**Event Poster:**



**Event Photos:**



"Nourishing Minds and Bodies: Government School Students Gain Vital Knowledge on Nutrition for a Healthier Future"





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**Volunteers List:**

Sl.No.	Name of the student	Programme name	Signature
1	SYED YASEEN ADNAN ALI	B.Tech (ME)	
2	THOKALA MANOJ	B.Tech (ME)	
3	BAGGANI PRANAY VARMA	B.Tech (ME)	
4	SRIRAMOJI NEEVED	B.Tech (ME)	
5	BASIKA ARUNA	B.Tech (ECE)	
6	BATTU ARAVIND REDDY	B.Tech (ECE)	
7	BHUKYA YAKUB	B.Tech (ECE)	
8	BOOTHAM MEGHANA	B.Tech (ECE)	
9	CHITYALA TULASI	B.Tech (ECE)	
10	DASARI RAJKUMAR	B.Tech (ECE)	
11	CHITTIMALLA PUJITHA	B.Tech (CSE)	
12	DUSHETTY SRI VARSHA	B.Tech (CSE)	
13	ENNAPU REDDY AKASH	B.Tech (CSE)	
14	ERUVALA NAVYA	B.Tech (CSE)	
15	ESLAVATH BHEEMA	B.Tech (CSE)	
16	VEMULAPELLI AKSHAY KUMAR	B.Tech (CSE-AI&ML)	
17	VENNU MOHITH	B.Tech (CSE-AI&ML)	
18	AMALAPURAPU YASHASWINI GAYATHRY	B.Tech (CSE-AI&ML)	
19	ANCHURI ABHIRAM	B.Tech (CSE-AI&ML)	
20	ANNARAPU SHRESHTA	B.Tech (CSE-AI&ML)	
21	GUMADAVELLI PREETHI	MBA	
22	GUNDE RAJU	MBA	
23	GURRAPU NEERAJA	MBA	
24	JANGA SRAVANI	MBA	
25	JANGAPELLY VENNELA	MBA	
26	JATOTH VENKANNA	MBA	

NSS PROGRAM  
COORDINATOR

NSS COORDINATOR  
SR UNIVERSITY

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